

Monday

Chicken Tikka

Chicken, marinated in Indian spices and cooked in a mild tikka sauce

Stir Fry Vegetables with Noodles 'S'

A selection of seasonal vegetables stir fried with noodles and a savoury Chinese

Sweetcorn

Rice

Naan Bread

Oatmeal & Raisin Cookies

A soft chewy biscuit filled with juicy raisins

Tuesday

Traditional Sausages

Traditional bangers served in a gravy

Veggie Sausages

A vegetable sausage served in an onion gravy

Country Style Mixed Vegetables 'S'

Creamed Potatoes

Syrup Sponge with Custard

A steamed springy sponge with a luscious syrup topping

Wednesday

Cottage Pie 'S'

Mince beef, onions, veggies and a savoury gravy with a mashed potato crust

Macaroni Cheese

Tubes of pasta in a cheese sauce baked in an oven

Braised Leeks 'S'

Green Beans

Garlic Bread

Banana Shortbread 'S'

A crisp crumb biscuit flavoured with bananas

Thursday

Roast Beef with Yorkshire Pudding

Tender slices of roast beef served in a Yorkshire pudding

Vegetable Parcels 'S'

A pastry envelope filled with chunky seasonal vegetables

Sprouts 'S'

Sliced Carrots 'S'

Roast Potatoes 'S'

Chocolate & Cherry Cake

A moist chocolate sponge packed with cherries

Friday

Salmon Fishcakes with a Slice of Lemon

A mix of salmon and mashed potatoes encased in breadcrumbs

Veggie Enchiladas 'S'

A floury tortilla wrap filled with a bean and vegetable mix

Baked Beans

Garden Peas

Chips

Apple Pie and Custard 'S'

A crumbly mouth watering pastry case filled with a tarty apple filling

Meal of the Day £2.00

Pudding 60p

Meal Deal (Meal of the Day & Pudding) £2.40

Fresh Seasonal Salads £1.20 pot/ £2.20 plated

Pasta Pots £1.20

Daily Guest Bar Offer £2.00

Sandwiches from £1.50

Baguettes from £1.60

Wraps from £1.50

Jacket Potatoes £1.10

Each Filling 40p

Daily Pasta Specials £1.40

Yoghurts 50p

Home Made Bake Range from 40p

**Fresh Seasonal Salads, Pasta Pots, Daily Guest Bar, Sandwiches, Baguettes, Wraps, Salad Bar
Jacket Potatoes with Various Fillings, Daily Pasta Specials
Fresh Fruit or Yoghurt available daily as an alternative to the dessert of the day
Home Baked Range**

'S' represents seasonal produce

Monday

Barbecue Chicken

Chicken, marinated in tangy, sweet sauce

Cheese Omelette

A fluffy egg case oozing with cheese

Sunshine Salad

Baked Beans

Herby Diced Potatoes

Chocolate Crispy Cakes

Rice crispy puffs coated in chocolate then set in the fridge

Tuesday

Minced Beef and Onion Pie

Minced beef, onions and veggies in a rich gravy topped with a mouth watering pastry lid

Vegetable Slice 'S'

Layers of seasonal vegetables topped with sliced potatoes

Broccoli

Carrots 'S'

Creamed Potatoes

Orchard Fruit Crumble with Custard 'S'

A mix seasonal autumn fruits with crispy crumb topping

Wednesday

Meatballs in a Tomato Sauce 'S'

Mince lamb formed into balls and sealed then cooked in a rich tomato sauce

Vegetable Curry 'S'

Seasonal vegetables and onions served in a spice infused sauce

Peas and Sweet Corn Mix

Fusilli

Garlic Bread

Lemon Cake Slice

A tangy luscious sponge cake

Thursday

Roast Chicken with Seasoning

Tender slices of roast chicken, seasoning served with gravy

Cauliflower and Broccoli Bake 'S'

Florets of broccoli and cauliflower baked in a creamy cheese sauce

Roast Parsnips 'S'

Sliced Carrots 'S'

Roast Potatoes 'S'

Fruit Flapjacks

A sweet bar of oats, fruit and syrup

Friday

Breaded Fish with a Slice of Lemon

Breaded fish fillet baked in the oven

Homemade Cheese and Onion Pasty 'S'

A pastry envelope filled with a mix of fluffy mashed potatoes, onions & cheese

Baked Beans

Garden Peas

Chips

Pineapple Sponge and Ice Cream

A moist sponge cake with pineapples with an ice cream

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Yoghurts 50p

Home Made Bake Range from 40p

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Monday

Chicken Casserole 'S'

Chicken pieces and vegetables in a rich gravy

Vegetarian Ravioli 'S'

A pasta parcel filled with vegetables in a tomato sauce

Country Mixed Vegetables 'S'

Fusilli

Garlic Bread

Apple Sponge & Custard

A moist apple sponge filled with apples

Tuesday

Savoury Mince in a Yorkshire Pudding 'S'

Minced beef in a savoury gravy served in a Yorkshire pudding

Savoury Quorn Bolognese in a Yorkshire Pudding 'S'

Minced quorn in a savoury gravy served in a Yorkshire pudding

Green Beans

Cauliflower 'S'

Roast Potatoes

Cheese, Crackers and Celery 'S'

Cheese, crackers and celery sticks

Wednesday

Lamb Curry 'S'

Succulent lamb pieces served in a blended spicy curry sauce

Veggie Burger in a Bun

A patty of vegetables served in a bread bun with a salad garnish

Sweet Corn

Chips

Fruit Crumble and Custard 'S'

Seasonal fruit with a crumbly crisp topping

Thursday

Roast Pork with Seasoning

Tender slices of roast pork, seasoning served with gravy

Cheese and Potato Pie 'S'

Fluffy mashed potatoes with cheese and onions in a crumbly base

Cabbage 'S'

Sliced Carrots 'S'

Roast Potatoes 'S'

Chocolate and Orange Brownie

A chocolate and orange biscuit bar

Friday

Breaded Fish with a Slice of Lemon

Breaded fish fillet baked in the oven

Squeaky Cakes 'S'

A mix of seasonal vegetables and mashed potatoes coated in breadcrumbs

Baked Beans

Garden Peas

Savoury Wedges

Strawberry Rice Pudding

A milky pud of cooked rice flavoured with vanilla, nutmeg and strawberry jam

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